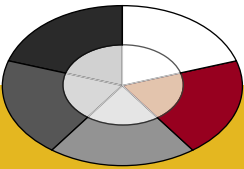


Gesundheitsförderung Schweiz
Promotion Santé Suisse
Promozione Salute Svizzera
Health Promotion Switzerland

quint-essenz

Quality development in health promotion and prevention



Welcome

Do you design health promotion or prevention projects? Are you responsible for project management or quality development in your institution? Are you allocating funds for projects and do you have to judge the quality of submitted proposals? If so, this system has been developed specifically for you. Welcome to www.quint-essenz.ch – managing projects and ensuring quality in health promotion and prevention.

Quality development – a long-standing partnership

For many years, Health Promotion Switzerland has been actively engaged in advancing Best Practice and Quality Development in the area of health promotion and prevention. The quality system quint-essenz is based on widely acknowledged quality criteria for project assessment. It has been developed and is continually being updated in partnership with scientists and practitioners. It can be used as a framework for promoting and developing quality, as a reference text for supporting your project, a project management tool as well as a platform for exchange. quint-essenz is freely accessible at www.quint-essenz.ch and is available in English, German, French and Italian.

“The quality criteria supplied by quint-essenz let me evaluate and develop our projects targeted towards health promotion.”

Christoph Meyer, School health service, City of Zurich, Switzerland

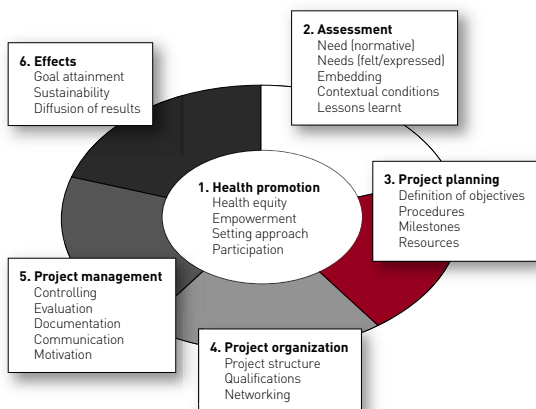
International standard

quint-essenz is well established in Switzerland and has gained international recognition, too. To ensure compliance with international standards, Health Promotion Switzerland is in regular contact with experts from other countries. quint-essenz criteria conform to the European Quality Instrument for Health Promotion (EQUIHP).

Quality system

Quality criteria: what makes a good project?

The core of the system constitutes 24 quality criteria, that are substantiated in terms of indicators. The criteria are used to create an assessment profile which identifies strengths and weaknesses and renders a project's qualities visible. It is thereby possible to assess and refine a project continually during its course, from the planning phase to the implementation and through to the conclusion.



Topics and Tools

Each criterion comes with the relevant scientific background and helpful suggestions from experienced practitioners. The quint-essenz system contains a number of ready-made templates, planning tools and checklists, all of which are designed to help users attain the quality defined by the criteria. An online forum is available where members can discuss quality issues arising in their own and other's projects.

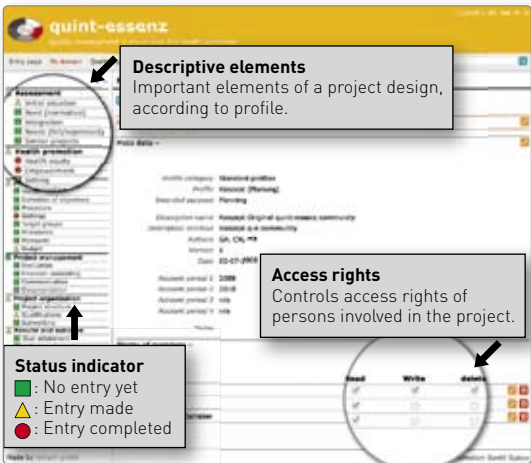
“The corporate project management Tool supports team work and encourages the exchange of ideas spanning several subjects and issues.”

Barbara Etienne, Director Health Promotion and Prevention Obwalden/Nidwalden, Switzerland

Project management tool

Online project planning and management

Teams can work on their project online, from the first exchange of ideas right through to the conclusion. Up-to-date project details are accessible at a click. On the basis of the data entered, the Tool generates draft proposals, planning charts, time-lines, quality profiles and more. A step-by-step guide takes new users through the system and consultants are available for face-to-face seminars.



Setting the standard for institutions

The quint-essenz project management tool enables you to access an overview of all your projects, in a comparable and up-to-date format. Project leaders control rights of access to each project, thus ensuring confidentiality. By standardizing the structure and appearance of their project documents, and including quality criteria, institutions will improve the quality of their projects. Institutions can tailor the project management tool to their own requirements, but it is also compatible with funding agencies' existing application forms that can be uploaded and integrated into the Tool.

Community

Experts and Organizations in health promotion and prevention meet on this platform.

Set up your own profile and make it publicly accessible to others. Find experts who work on similar topics and contact them.



Exchange in groups

Groups provide the opportunity to exchange with other experts, to offer your expertise and experiences and to refer to interesting literature and links. Each member can open and moderate a group with a new topic.

Project database

Learn from the experience of others. The project database will help you find projects according to thematic, geographic, methodical or other criteria and allows you to make your own projects publicly accessible.

Make your project publicly visible for others in the project database and let them profit from your expertise!

Training and advice

quint-essenz is more than a website and a toolbox. Face-to-face training and advice sessions help you find solutions regarding your specific health promotion and prevention project. Technical support is also available for the practical handling of quint-essenz and its project management tool. Introductory seminars and subsidized consulting sessions for organisations and project managers in Switzerland are available from Health Promotion Switzerland in partnership with RADIX, with the Büro für Qualitätsentwicklung in Zurich and other organisations.

(www.quint-essenz.ch Services)

About us

For the development and diffusion of quint-essenz, Health Promotion Switzerland has for many years collaborated with RADIX and the Bureau for Quality Development in Zurich.



 **Büro für Qualitätsentwicklung**
Hubert Studer

Technical realisation by iterum gmbh.



Many experts and organisations in Switzerland and abroad have helped in various ways to keep quint-essenz user-friendly and up-to-date.

quint-essenz, Professional support for your projects
www.quint-essenz.ch

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